

## This week's worship: Choosing what to wear

### Quality clothing

**Jigsaw race:** Print off the colouring page (below) and have one for each person. Cut each picture into 10 pieces and have a race to see who can put their picture together first.

**Talk about:** the verse on the card: 'Clothe yourselves with compassion, kindness, humility, meekness and patience ... Above all, clothe yourselves with love, which binds everything together in perfect harmony. Colossians 3:12-17

### Discussion: Choosing what to wear

You will need: an old t- shirt, coloured flip chart pens or chunky markers, large blank stickers  
Before the session, on the back of the T-shirt write the words in bold type in a single colour.  
On large blank stickers, write the definitions below.

**Compassion;** wanting to help others

**Kindness;** friendly and generous

**Humility;** thinking about others more than self

**Meekness;** teachable, not wanting to argue

**Patience;**

**Love;**

**Harmony;** agreement

Discuss the meanings of the words in the verse and match up the words and definitions by putting the stickers next to the word on the t shirt. Get children to suggest their own definitions for 'patience' and 'love.'

Which of these words is about you?

Which of these words do you find hard to show?

What might 'clothe yourself' in these words mean?

Who in your family or community shows one or more of these qualities?

How do these qualities help your family and community?

### **Craft: Clothing card**

You will need: t- shirt shaped card, sequins, stickers

Ask children to choose qualities from the verse they would like to practise 'wearing' and write/ draw them on the front of the card. Decorate the card with sequins, stickers etc. Put the card somewhere they can see it everyday.

**Prayer:** Ask each child to think about the quality they would like to 'wear' more in their life. With a pen, let them write their name next to that word on the t shirt.

Pray this prayer:

Thank you, God, for our families and our community. Thank you for all of those people who help us with kindness, compassion, humility, meekness, patience and love. Show us how to wear these qualities too, so that we can be there for those who need help.

Amen.

